



*Do you often have a scratchy throat or itchy eyes?*

*Are your allergies draining you and zapping your energy?*



### A Testimonial

*I have been living with allergy Asthma for over 20 years. Dogs and cats are major triggers; I even have skin reactions. Visiting family and friends with pets is a problem. I had come to terms with this, as I thought there was nothing I could do.*

*On a recent trip to Thunder Bay, we were invited to stay with family at a house with a dog and cat that I have always reacted strongly to. Tina told me about her services and I decided to try undergoing a session. I was skeptical but figured I had nothing to lose. I was sure I would have to leave my host's house soon after arriving.*

*To my surprise, I stayed the entire week!*

*Despite being in a house with a cat and dog, I did not have one Asthma attack! It was the first time I have ever been able to spend more than a few hours there!*

*Being able to visit family and friends without having an Asthma attack is truly life changing for me. I am so excited to continue working on my other allergies with Tina.*

*Thank you, The Inner Source!*

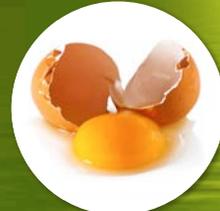
*~ Robin Cranbrook, BC*



# Are you sick and tired of being **sick and tired?**

**Now available to anyone...**

BIE is a simple, natural and non-invasive modality that helps enable one's body to achieve balance (homeostasis) without the use of needles or drugs. Our patented modality uses bio-energy principles. The GSR-120 unit is used to direct energy directly onto various points on the body to help create homeostasis, therefore alleviating suffering.



the **INNER SOURCE**  
balance • heal • transform

**Tina Quinn** C.N.C., R.BIE

info@theinnersource.ca  
73 Cumberland St. N., Suite 112  
Thunder Bay, ON P7A 4L8

**For an appointment call:**  
**(807)626-0050**

**Online booking also available at:**  
**www.theinnersource.ca**

According to the World Health Organization (WHO), 90% of all illness is directly related to stress. The American Medical Association has noted that stress was the basic cause of more than 60 percent of all human illness and disease. Every week, over 100 million North Americans suffer some kind of stress related symptom for which they take medication. An astonishing one out of every three North Americans are affected by food or environmental sensitivities of one kind or another. You may have experienced some of the following stressor related symptoms yourself:

- Allergies
- Arthritis or gout
- Headaches or migraines
- Digestive disorders
- Memory loss
- Fatigue
- Hemorrhoids
- Constipation or diarrhea
- Acne or rash
- Learning disabilities
- Nightly urination
- Restless sleep or insomnia
- Bad breath or body odor
- Phobias or anxiety
- Depression or mood swings
- Weight gain

## Homeostatic Imbalance and Stressors

Your body's internal balance is so important that most disease is regarded as a result of its disturbance, a condition called homeostatic imbalance. Homeostasis is a state of equilibrium; or stable internal balance of the body. In general, the body is in balance when its needs are being adequately met and is functioning smoothly.

Every substance that exists has its own specific energetic frequency. When your body is imbalanced, it may not recognize the energy frequencies of various substances. This ultimately causes stress on the body. The more exposure we have to stressing energies, from foods, electromagnetic fields such as radiations, pollens, danders, chemicals, etc., the more we store these stressing energies that lead to homeostatic imbalance. This leads to a multitude of health conditions, including allergic reactions. These discordant energies are simply referred to as stressors.

## How can BIE help me?

Once the discordant energies (stressors) are recognized, the body can then differentiate between good and bad, harmful substances or non-harmful substances, and deal with each one accordingly. Consequently, the body's healing process can begin.

## Stressor Testing

Stressor Testing is a natural health screening method (known as Biofeedback Analysis) used to obtain information from the body to determine the energetic level of intolerance of a given stressor.

Biofeedback Analysis is a natural, non-invasive and painless method, that even children feel comfortable with!



## What can I expect?

- Loss of unwanted weight
- Increased tolerance to foods and other environmental substances
- Improved Immune system functioning
- Eliminate unpleasant symptoms naturally
- Increased energy
- Enjoy a less restricted lifestyle
- Live healthier and happier

Experience this safe and amazing natural health method yourself.

BIE practitioners are not medical doctors and do not use medical diagnostic or treatment procedures. All services provided are done for experimental or educational purposes only and do not involve the diagnosing, curing, prognosticating, treatment or prescribing of remedies for the treatment of disease including allergy, or any act, which will constitute the practice of medicine in this country in which a license is required.